

Health and Wellness National Resources and Websites

Organization/Person	Website	Services Offered
AARP - 601 E Street NW Washington, DC 20049; Tel: (888)-687-2277	http://www.aarp.org/	Offer a wide <u>variety of information</u> (including financial, health, travel, etc...) for saving money and finding services.
National Library of Medicine - National Institutes of Health - 8600 Rockville Pike Bethesda, MD 20894; Tel: (888)- 346-3656	http://www.nlm.nih.gov/	The world's largest medical library, collects information about biomedicine and health care. Offers <u>online databases and resources</u> - PubMed, Medline Plus, DailyMed, ClinicalTrials.gov.
Medline Plus	http://medlineplus.gov/	A gateway to <u>health information from government agencies</u> and health organizations. Includes a health encyclopedia and dictionary. You can also find local services and health providers using this web site.
Healthfinder.gov	http://www.healthfinder.gov/	Produced by the U.S. Department of Health & Human Services, this is an <u>easy to use health information web site</u> .
Centers for Disease Control and Prevention	http://www.cdc.gov/	Learn about diseases & conditions, travelers' health information, workplace safety, environmental health, and much more.

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MayoClinic	www.mayoclinic.com	Find a variety of articles about diseases & conditions, drugs & supplements, healthy living, and more.
National Mental Health Information Center -	http://mentalhealth.samhsa.gov/	A government web site providing a wide range of <u>mental health</u> information and links to other online resources.
National Institutes of Health	http://www.nih.gov/	A part of the U.S. Department of Health & Human Services that focuses on <u>medical research</u> . Learn about clinical trials, health topics and more.
Cancer.gov	http://www.cancer.gov/	A massive collection of information and resources for learning more about this disease.
Medical Library Association	http://www.mlanet.org/	Check their "Health Consumers" web page for a selection of <u>health links and information</u> . Includes several tools for evaluating online health information. There is also a <u>special section of resources for older adults</u> .