

Health and Wellness Local and State Resources

Organization/Person	Website	Services Offered
Elder Services of Cape Cod & the Islands - Linton Ln, Oak Bluffs, MA 02557; Tel: (508)-693-4393	http://www.escci.org	Central source of information and services enabling <u>seniors</u> to maintain their <u>independence</u> .
Vineyard Nursing Association - 457 State Rd., Vineyard Haven, MA 02557; Tel: (508)-693-6164	http://www.vineyardnursing.org	Medicare/Medicaid certified <u>home health agency</u> .
Health Care Access Program - 114 New York Ave., Oak Bluffs, MA 02557; Tel: (508)-696-0020	http://islandhealthplan.com/vinResources/accessProgram.html	Assists MV residents to obtain <u>affordable health care</u> .
Martha's Vineyard Hospital - 1 Hospital Rd.; Tel: (508)-693-0410	www.marthasvineyardhospital.com	Provides <u>medical care</u> to all Island residents and visitors.
Whole Health Alliance - PO Box 2246, Vineyard Haven, MA 02568; Tel: (508)-693-2876	www.mvwholehealth.org	Network of Island healthcare providers.
Island Health Care Clinic - 245 Edgartown-Vineyard Haven Rd., Edgartown, MA 02539; Tel: (508)-939-9358	http://islandhealthplan.com/vinResources/IslandHealthCare.html	Provides full range of primary care services.
Martha's Vineyard Community Services - 111 Edgartown-V Haven Rd., Oak Bluffs, 02557; Tel:(508)-693-7900	www.mvcommunityservices.com	MVC programs provide accessible education, health, and human services.
Martha's Vineyard Times-Business Directory-Health & Fitness (Web Page)	www.mvtimes.com	Resource for finding available Island health and fitness options.

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<p>American Red Cross - Cape Cod and Islands Chapter - 286 South Street, Hyannis, MA 02601; Tel: (508) 775-1540 or (866) 762-1928</p>	<p style="text-align: center;">www.capecodandislandsredcross.org/</p>	<p>Great source for emergency preparedness information and training (CPR, First Aid & Safety, etc...).</p>
<p>Martha's Vineyard Online - Health & Wellness (Web Page)</p>	<p style="text-align: center;">www.mvol.com/directory/health_and_wellness/</p>	<p>An <u>online directory</u> of health & wellness related businesses on the Island. The Island Book is a <u>print directory</u>, produced by the MV Chamber of Commerce, that includes local businesses.</p>
<p>Mass.gov - Health & Human Resources - Executive Office of Health & Human Resources, One Ashburton Place, 11th Floor, Boston, MA 02108; Tel: (617)-573-1600</p>	<p style="text-align: center;">www.mass.gov</p>	<p>Your gateway to <u>state health information and services</u>, including Medicaid, Help Hotlines, Mental Health Services, and more.</p>
<p>Cape Cod & Falmouth Hospitals - Cape Cod Hospital, 27 Park Street, Hyannis, MA 02601; Tel: (508)-771-1800 . Falmouth Hospital, 100 Ter Heun Drive, Falmouth, MA 02540; Tel: (508)-548-5300</p>	<p style="text-align: center;">www.capecodhealth.org/</p>	